

2014 Health Fair Tests

Consortium Covers

Health Risk Appraisal, Lipid w/Glucose, Height, Weight, Blood Pressure, and Waist Circumference, Pulse

This program provides simple to read information regarding important health issues that are personalized report based on your confidential answers to a simple questionnaire and some basic clinical information. The clinical part of the screening involves a simple blood draw that will test total cholesterol, HDL, LDL, VLD, triglycerides and glucose. We will check your vitals and some measurements such as weight and height.

*12 Hour fast is required for blood work. **This test is required for the gift card incentive.**

Bone Density screening- for men and women

Osteoporosis is a disease that results in decreased bone density, or thickness, and therefore attributes to weak and fragile bones. It may also be considered a "silent disease" because, if left untreated, it can progress painlessly until a bone breaks. Osteoporosis screening (bone density testing) is a non-invasive procedure that requires a single bare foot and is usually complete in less than one minute. It works by measuring the density of the heel bone using ultrasound. It compares individual results with research-established norms. The risk of developing osteoporosis and the odds of fracturing a bone in the future may be predicted. Bone density may improve through non-invasive means such as proper nutrient supplementation and weight-bearing exercise.

DermaScan

An ultraviolet light is used to show abnormalities of the skin on the face. The DermaScan is a screening tool to help people of all ages gauge their ultraviolet exposure and skin damage.

(see page 2 for Optional, Self-Pay Tests)

Optional Testing-Self Pay (Reimbursable thru Insurance-Medical Mutual Claim form)

PSA – recommended for men only(over the age of 40)-\$45.00

(PSA) Prostate Specific Antigen is a tumor marker used for early detection of prostate cancer. This test will not involve the digital rectal examination of the prostate gland.

Occult Blood Test-\$12.50

This test is used as a way to detect hidden blood in stool specimens, which may be an early indication of colorectal cancer. It is recommended annually for people over the age of 50. For this test you will be given a kit that you will take home and follow the instructions that are included with the kit. When you have completed the collection, you will share your results with your primary care practitioner.

Thyroid Panel-\$63.25

This screening test is a blood specimen, drawn with the other blood work and sent to the lab with the other lab work. This test will include a Thyroid Stimulating Hormone and Free T4. This screening will help to diagnose underactive or overactive thyroid or pituitary glands.

Hemoglobin A1-C-\$51.00

Hemoglobin A1-C is a blood specimen, drawn with the other blood work and sent to the lab. This test measures the amount of hemoglobin that carries glucose molecules. The screening looks at glucose levels from 2-3 months prior to the test.

C-Reactive Protein – High Sensitivity-\$21.00

This screening is a blood specimen that is drawn with the other testing and sent to the lab. This test is being proposed as a method for predicting a healthy person's risk of heart attack or other heart conditions.